



Public Health

**CITY OF NEWTON
HEALTH & HUMAN SERVICES**

NEED NARCAN ?

Worried about yourself or someone else?

Call for an appointment today.

We are offering a program to Newton residents who have someone in their life struggling with opioid use. Call to schedule a brief 30 min. training and receive a FREE dose (no insurance required) of the life-saving overdose reversal drug, Narcan and other resources.



WWW.NEWTONMA.GOV/NEWTONPATH



Call for an appointment:

617-796-1420



For Newton residents



Addiction and recovery
resources available



AN OVERDOSE IS A MEDICAL EMERGENCY

SYMPTOMS OF AN OVERDOSE

- Unresponsive • No Breathing or slow breathing • Turning Blue or Gray (lips, fingernails) • Deep Snoring

1. CALL 911

Say: "My friend/child is unconscious and I can't wake him/her up" or "My friend/child isn't breathing." In MA you can't be charged with possession of a controlled substance in this case.

2. ADMINISTER NARCAN

- Make sure the person is in a safe position flat on the ground
- Follow Narcan package directions

3. RESCUE BREATHS

- Make sure there is nothing in the mouth
- Tilt head back, lift chin and pinch nose
- Give a rescue breath, watch for chest rise
- Continue every 5 sec until the person can breathe and/or help arrives

4. STAY WITH THE PERSON

- Stay with them until help arrives
- If you leave, even briefly, put the person in the recovery position so they won't choke if they vomit

