Managing ADHD to Increase Focus and Productivity (With or Without Medication)

Presented by Brendan Mahan, MEd, MS

Consultant, Coach, Speaker & Contributing Author of

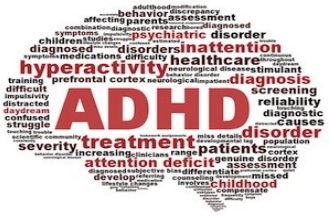
"365+1 Ways to Succeed with ADHD"

Wednesday, September 21, 2016

7:00 pm

Chelmsford Public Library

25 Boston Road, Chelmsford MA



Please contact Amanda Glaser, Health Educator with any questions:

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